

# **New Story Group**

# Stepping into the New Story with Heart and Soul

Program: 24 June 2024

# Overview of this Evening



**Aspiration**: use retreat results to inspire stepping into the New Story with heart & soul

- Summarize retreat results
- Panel of participants: Seeds to plant
- Trios: surface more seeds and support
- Whole: share and cull themes
- Next Steps



#### **Retreat: Overview**

**Theme**: Growing Community in Living the New Story

#### **Topics**

- A. How the New Story moves in us
- B. What living the New Story looks like individually & together
- C. What forms community support in living the New Story could take
- D. How we can move beyond our 'Old Story" 'comfort zones'.
- E. Questions & topics around which people can create an evening's program



#### Living the New Story is coming to mean for us:

- Moving ourselves from systems of oppression, endless extraction and domination to
- generative and reciprocal relations with each other and all forms of life.

# Retreat: Overall Observations: 2, 3 & 4



- There are many gateways to the New Story.
- We all are seeking deeply the underlying truth of life, which is always evolving and in process, both individually and collectively.
- We're now at a turning point in human evolution, receiving feedback from the whole Earth system that we're no longer in sync with the universe/Earth.



# These times of unraveling, bewilderment and dismay demand for us something different/new:

- How we see ourselves & our purpose as a species in the web of life in our inner spiritual lives.
- What we do in the world beyond ourselves.
- A total paradigm shift this is our "Great Work" and not an individual task.





There are at least three task levels involved in the transition to fully living the New Story (from Hospicing Modernity)

- Individual
- Collective
- Metabolic integrated with all other than human systems



# **Needed for the "phase shift":**

- Connections to each other, groups, more than human world
- Building resilient communities of all types
- Nurturing & growing connective tissues in & between communities.
- Addressing differences & conflict in community.



 We are all seeds and pollinators for living the New Story.

 The New Story strengthens our courage to stay with what's emerging.

# **Emerging Questions: 1, 2 & 3**



- Do we really have a shared sense of what living the New Story means?
- What are significant barriers to living the New Story?
- How is trauma in us/others an obstacle to as well as an opportunity for moving into the New Story?

# **Emerging Questions: 4, 5 & 6**



- How do or can we most effectively support each other in fuller living the New Story?
- What skillsets are especially helpful in the transition?
- Where are role models?

# **Emerging Questions: 7,8 & 9**



- How can we move together as communities into the New Story?
- How do we change our "cultural coding?"
- How collectively can we move from unconsciously or subconsciously to consciously living the New Story?

# **Emerging Questions: 10**



How can we best link the New Story to both our inner spiritual lives and what we do in the world?

In other words, what's our lived experience of spirit and action?

### THREE TOUCHSTONES FOR PROGRAM TOPICS



Show the situation

**Know the shadow** 

Let the light shine

# Panel of retreat participants



What one seed did you take from the retreat to plant and nurture in our community and beyond?



#### **Trios**

1. What topics excite you enough to consider working with others on a program?

1. What support do you need?

1. What additional ideas do you have for what stepping into the New Story means?

# Whole Group: Report Outs & Conversation



Additional ideas?

- Topics?
- Support?
- Threads & themes?

## **Summer Programs?**



- Watch films
  - o Trees?
  - +?
- Plan for September's program